

# THE TRUMPETER

March 2026

## Celebrating March Birthdays

### *Residents*

**Salwa Z** – March 6

**Bob C** – March 9

**Filipa W** – March 15

**Fauniel S** – March 18

**Joanne K** – March 19

**Mary Jo D** – March 24

**Harlin S** – March 24

**Paul P** – March 30

### *Staff*

**Darby K** – March 1

**Brilye S** – March 3

**Ruth C** – March 10

**Brittany H** – March 11

**Michelle L** – March 16

**Allie M** – March 18

**Kathy M** – March 24

**Brooke P** – March 26

Asbury Towers Retirement Community  
102 W. Poplar St., Greencastle, IN 46135  
765-653-5148 | [www.AsburyTowers.com](http://www.AsburyTowers.com)



Residents and staff celebrated Valentine's Day and St. Patrick's Day with food and fun! More photos inside!



## A Legacy of Laughs

Men may think they're funnier, but women often have the last laugh. March 31, She's Funny That Way Day, celebrates comedians past and present. Carole Lombard charmed audiences even while taking a pie in the face, and Barbara Stanwyck shone in glamorous, dramatic, and comedic roles alike. Lucille Ball, the Queen of Comedy, famously claimed, "I am not funny," yet millions disagreed.

These women changed the business, too. They pushed for better roles, wrote their own material, and shaped shows. From Phyllis Diller and Joan Rivers to Whoopi Goldberg, Tina Fey, Kristen Wiig, Amy Poehler, and Wanda Sykes, bold women comedians continue to entertain—and inspire—reminding us that real comedic power comes from having the freedom to tell your own story.

## Asbury Towers Staff Information

*When you have questions, these folks can help.*

AL residents should go to Second Floor Nursing Station for questions about appointments, transportation, medication, lost and found, help making beds, etc. Call Front Office at Extension 100 for maintenance requests.

Contact Activities at Extension 117 to reserve the Private Dining Room or Patio for private gatherings such as birthday or anniversary parties.

Perry Daugherty -- Executive Director -- Ext. 103

Julie Dozier -- Admissions/Marketing -- Ext. 107

Jen McMullen -- Business Office Manager -- Ext. 104

Audra Rose -- Director of Nursing -- Ext. 122

Ashley Salsman -- Assistant DON -- Ext. 135

Dr. Craig Johnson -- Medical Director

Michael Pettit -- Transportation -- Ext. 121

Ashley Dickerson -- Housekeeping and Laundry Services -- Ext. 118

Marty Flatt -- Life Enrichment Director -- Ext. 117

Justin Homler -- Dietary Manager -- Ext. 109

Jim Staggers -- Chaplain

Lisa Smith -- Social Services Director -- Ext. 120

Kris Beck -- Human Resources -- Ext. 106

Michelle Case -- MDS -- Ext. 119

Jennifer Horn -- Supplies/Scheduling -- Ext. 102

For Dining Menus and Calendars of Events, go online to [www.AsburyTowers.com](http://www.AsburyTowers.com). Check us out on Facebook for more photos, announcements, events and opportunities.

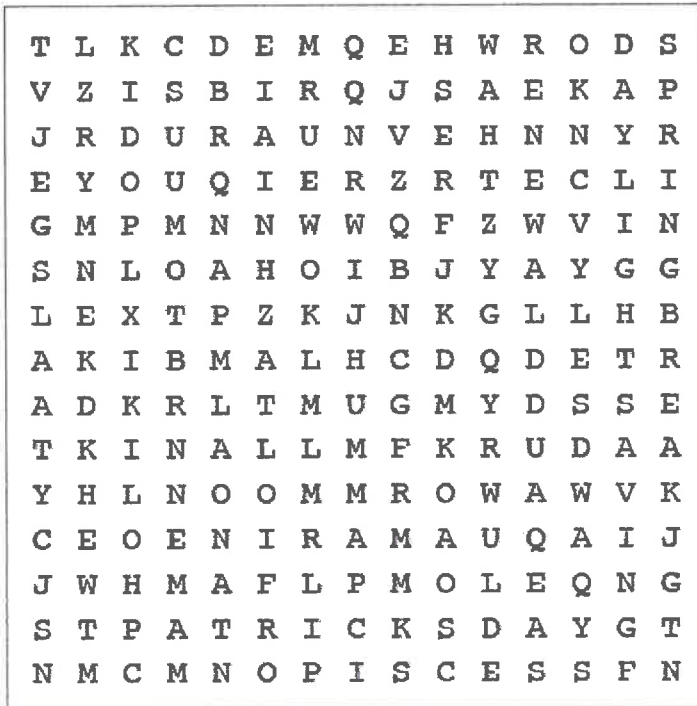


Colorful Valentine drawings were delivered for Asbury Towers residents by Cat Browning, whose home-schooled children wanted to send Valentine wishes to our residents. Thanks to Cat and her thoughtful children.



## Searching for March

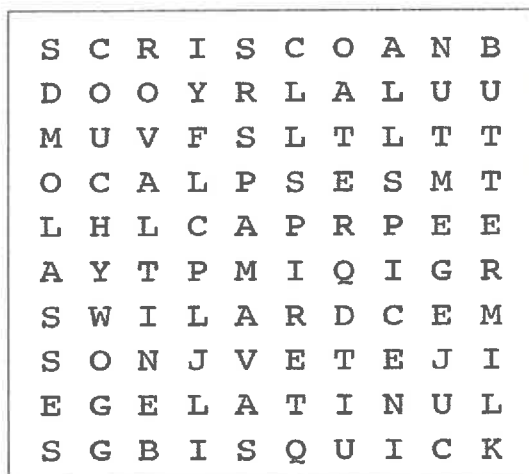
The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



- |                 |         |                   |
|-----------------|---------|-------------------|
| AQUAMARINE      | JONQUIL | RENEWAL           |
| ARIES           | LAMB    | SPRING BREAK      |
| DAYLIGHT SAVING | LION    | ST. PATRICK'S DAY |
| EQUINOX         | LUCKY   | THAW              |
| FRESH           | PISCES  | WINDY             |
| HOLI            | PURIM   | WORM MOON         |

## Mid-Century Pantry Staples

The words listed below can be found vertically and horizontally.



- ALLSPICE
- BISQUICK
- BUTTERMILK
- CRISCO
- GELATIN



- LARD
- MOLASSES
- NUTMEG
- OVALTINE
- SPAM





## Courtesy Counts



*Remembering names is often perceived as a basic courtesy because it shows attention and respect.*

Many lament that common courtesy is not so common anymore. If someone you know is acting less than civil, March 21, Common Courtesy Day, is the perfect opportunity to tactfully share a few tips and reminders on how to treat others with respect.

Some point to technology as a major culprit in the decline of courtesy, especially as we've grown more tethered to our screens. Others see a broader cultural shift: When people feel rushed, stressed, or isolated, empathy tends to shrink. Researchers note that young adults report feeling more pressure and less connection than in previous generations. Etiquette experts also observe that norms have loosened over time, sometimes in ways that make everyday interactions feel less considerate.

Across the globe, parents and teachers are trying to balance freedom with guidance. When expectations around behavior become too vague, kids can miss out on learning how their actions affect others. The result can be the same everywhere: a little more self-focus, a little less awareness. Renewed interest in teaching social skills and emotional literacy suggests that people are recognizing the need to rebuild those habits.

If we don't practice empathy every day, we may have to rely on others to pass laws of courtesy for us. Restaurants declare "No Cell Phone Zones." Sports stadiums regulate fan conduct. Simple acts such as holding doors open, returning phone calls, and treating cashiers with respect—these daily reminders to consider others' feelings lay a foundation for building empathy.



*Many species of spiders can "balloon," using silk to catch the wind and travel miles through the air.*

## Webs of Wonder

For many, the first reaction to seeing a spider is to squash it. Spider advocates celebrating Save a Spider Day on March 14 want you to think before you squish, and they have some pretty compelling reasons.

Lots of folks, experts and novices alike, think spiders are just plain cool. The Goliath bird-eating tarantula fits in your palm and was named by an explorer who saw it eating a hummingbird. The pinktoe tarantula, named for its pink-tipped legs, can climb trees and

swim. Not impressed? Another reason not to squash spiders is that many of them carry their babies on their backs. One whack can disperse hundreds of tiny spiderlings.

Spiders benefit humans in many ways: they eat lots of bugs, their venom can be used for making medicine, and spider silk, which is stronger than steel, inspires technological innovation. So before your arachnophobia takes over, think twice about squishing a spider on March 14.

## Blast the Birthday Horn

On March 2, don't just wish Dr. Seuss a happy birthday. Do as they do in Dr. Seuss' fictional land of Katroo and let loose a "big blast on the big Birthday Horn!"



Dr. Seuss invented hundreds of nonsense words.

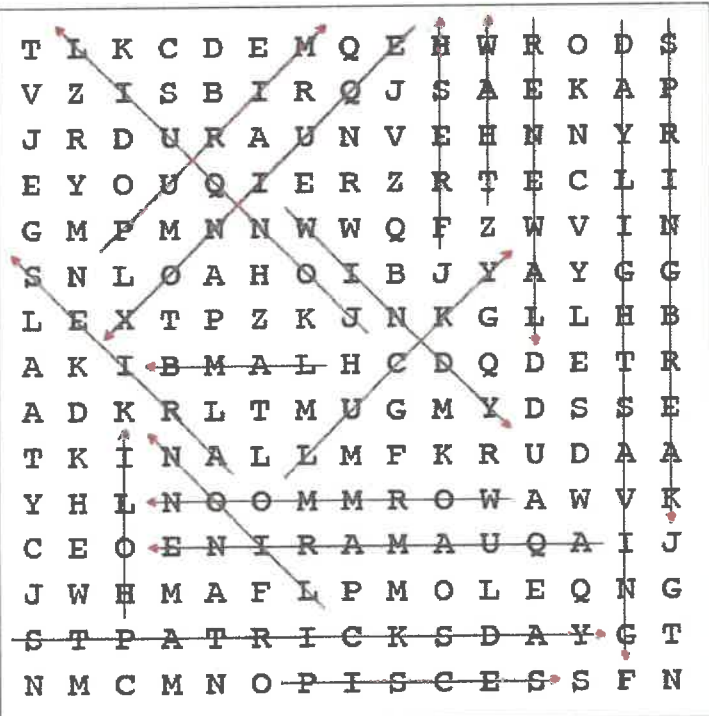
Theodor Seuss Geisel, known around the world as Dr. Seuss, was never a doctor of anything. He called himself "doctor" because his father wanted him to study medicine. Thankfully, he pursued children's literature and in 1937 wrote his first book, *And to Think That I Saw It on Mulberry Street*, debuting the pen name Dr. Seuss. The idea for the book struck Geisel while on an ocean voyage. The rhythm of the ship's engines inspired him to write the lines:

*And that is a story that no one can beat.  
And to think that I saw it on Mulberry Street.*

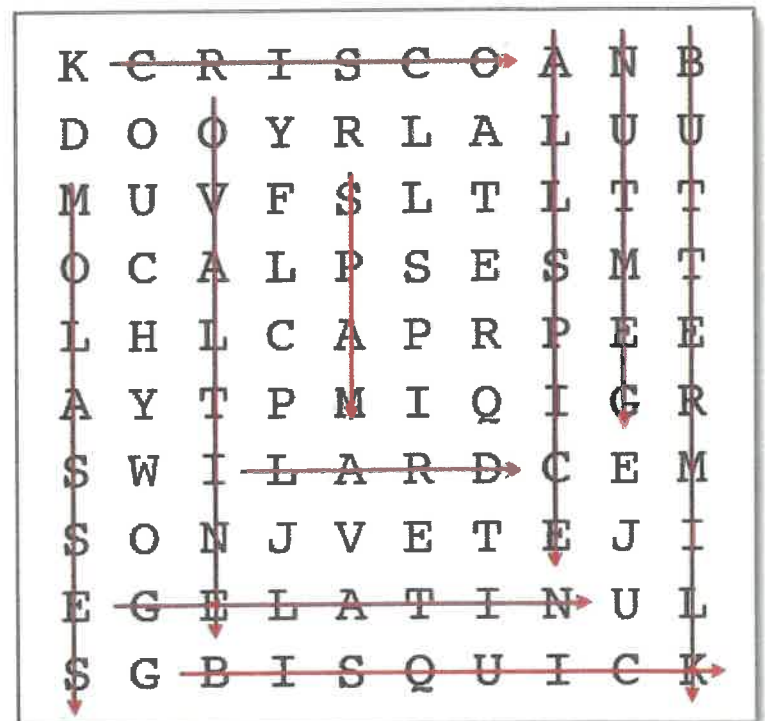
Dr. Seuss went on to write over 60 children's books (including some under the name Theo LeSieg), selling over 600 million copies in over 20 different languages.

What makes Dr. Seuss' books so enduring? Children's literature expert Ann Neely believes it is the books' readability. "Children can read Dr. Seuss books many, many times without tiring of the rhythms, the plot, or the art." Furthermore, Seuss' moral lessons appeal to young and old alike. Truly, Dr. Seuss' children's books may be more valuable to adults than his odd adult work, a humorous and slightly scandalous take on the legend of Lady Godiva, chock full of illustrations of the seven nudist Godiva sisters. That book, perhaps understandably, was Seuss' only major flop.

### Answers "Searching for March" word search



### Answers "Mid-Century Pantry Staples" word search





### Notable Quotable

“There are good days and there are bad days, and this is one of them.”

~ Lawrence Welk, born March 11, 1903



## March Horoscopes and Birthdays

In astrology, those born between March 1–20 are Pisces. These Fish are spiritual types who feel comfortable in their introspective natures. As passionate, romantic, creative dreamers, they are charitable helpers who “go with the flow.” Those born between March 21–31 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are

unafraid of the unknown. For these eternal optimists, no odds are ever considered insurmountable.

- Lou Costello – March 6, 1906
- Liza Minnelli – March 12, 1946
- Ozzie Nelson – March 20, 1906
- Fred Rogers – March 20, 1928
- Fannie Farmer – March 23, 1857
- Walt Frazier – March 29, 1945
- Vincent van Gogh – March 30, 1853
- Shirley Jones – March 31, 1934

“They’re always after me Lucky Charms!” Trivia about St. Patrick’s Day was featured, along with jokes and green-themed activities!



## Stitched Across the World

Quilters all around the world will be piecing together fabric into wonderful creations on March 21, Worldwide Quilting Day.

During its heyday in the American mid-19th century, quilting was a utilitarian craft. According to Emporia State University’s Center for Great Plains Studies, westward homesteaders, inheritors of many great European quilting traditions, fashioned blankets, door and window covers, and play mats for children

out of whatever scraps of fabric they could find. Quilters learned to arrange fabric to make wonderful works of art. And because blankets were always needed as a means of protection against the elements, quilting never went out of style.

A number of quilting bees are planned on March 21, so be ready to cut your favorite patterns — Irish Chain, Log Cabin, Bear’s Paw, or Tree of Paradise.