

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Baked Chicken Cheesy Rice Seasoned Zucchini Strawberries & Whipped Topping Bread	2 Homemade Chili Salad w/ Dressing Watermelon Cubes Cornbread with Margarine  <small>Labor Day</small>	3 Turkey Burger Patty Melt Tator Tots Pineapple Tidbits Sandwich Bread	4 Garlic Herb Pork Roast Au Gratin Potatoes Spinach with Onion Frosted White Cake	5 Salisbury Steak with Gravy Mashed Potatoes Seasoned Broccoli Iced Lemon Sugar Cookie	6 Herb Roasted Turkey Poultry Gravy Bread Dressing Roasted Cauliflower Applesauce Cake	7 Italian Sausage Rotini Pasta/Sauce Green Beans Chilled Pears Garlic Texas Toast
8 Baked Ham Sweet Potatoes Buttered Lima Beans Banana Cake with Cream Frosting  <small>Grandparents Day</small>	9 Beef Cubed Steak Mushroom Gravy Mashed Potatoes Brown Gravy Green Peas Melon Cup	10 Tender Pork Roast Brown Gravy Herb Potatoes Brussels Sprouts Poke Cake	11 Chicken Teriyaki Steamed Rice California Blend Chilled Peaches	12 Roasted Turkey Poultry Gravy Bread Dressing Squash Medley Pineapple Tidbits	13 Fish Sandwich with Cheese Green Beans Frosted Yellow Cake	14 Diced Pork in Gravy Rice Pilaf Buttered Carrots Peach Crisp
15 BBQ Beef Mashed Potatoes Brown Gravy Seasoned Broccoli Frosted Spice Cake	16 Oven Fried Chicken Fried Potatoes with Onions Green Peas Sugar Cookie Bar Biscuit	17 Breaded Pork Cutlet Herbed Rice Zucchini Applesauce	18 Roasted Turkey Poultry Gravy Bread Dressing California Blend Mandarin Oranges	19 Beef Tips in Gravy Steamed Rice Green Beans Peach Shortcake	20 Crunchy Fish Fillet Potato Casserole Brussels Sprouts Fruited Gelatin	21 Chicken Caprese Herbed Rotini Italian Vegetables Watermelon cubes  <small>Oktoberfest Begins</small>
22 Slow Roasted Pot Roast Cauliflower Mash Green Peas Lemon Cheese Bar  <small>Autumn Begins</small>	23 Pork Burritos Spanish Rice Roasted Corn Fresh Melon Cubes	24 Pierogi Casserole Buttered Cabbage Parslied Carrots Rice Krispie Bar	25 Maple Glazed Baked Ham Au Gratin Potatoes Spinach Summer Fruit Cup	26 Roasted Turkey Poultry Gravy Sweet Potatoes Garlic Parmesan Brussels Sprouts Poke Cake	27 Pollock Montreal Rice Pilaf Roasted Broccoli Powdered Sugar Brownie	28 Pork Cutlet with Mushroom Gravy Buttered Noodles Green Beans Peach Crisp
29 Baked Chicken Cheesy Rice Seasoned Zucchini Strawberries & Whipped Topping Bread	30 Homemade Chili Salad w/ Dressing Watermelon Cubes Cornbread with Margarine	 <p style="text-align: center;"><b>LUNCH</b> <b>September 2024</b> Asbury Towers Retirement Community</p>				

Menu Subject to Change due to available of Items. Menus available online at [www.AsburyTowers.com](http://www.AsburyTowers.com).