

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2024

Asbury Towers Retirement Community

	<p>1 Lemon Pepper Fish Tartar Sauce Herbed Rice Parslied Carrots Fruited Gelatin with Pears</p>	<p>2 Tasty Meatsauce Spaghetti Noodles Italian Blend Vegetables Mandarin Oranges Parmesan Bread</p> <p><small>Rosh Hashanah Begins</small></p>	<p>3 Chicken Fajita Casserole Spanish Rice Roasted Corn Chilled Peaches</p>	<p>4 Sloppy Joe Sandwich Crispy French Fries Ketchup Summer Fruit Cup Hamburger Bun</p>	<p>5 Cheese Pizza Lettuce &amp; Tomato Salad Choice of Dressing Blonde Brownie</p>	
<p>6 Creamy Turkey Zucchini Bake Baked Potato Sour Cream Rice Krispie Bar Cornbread</p>	<p>7 Tuna Salad Sandwich Lettuce &amp; Tomato Three Bean Salad Chocolate Chip Cookie Sandwich Bread</p>	<p>8 Beef Taco Lettuce, Tomato, Cheese Elotes Salad Powdered Sugar Brownie Flour Tortilla</p>	<p>9 Grilled Hot Dog Baked Beans Coleslaw Sugar &amp; Spice Banana Slices Hot Dog Bun</p>	<p>10 BBQ Pork Mac &amp; Cheese Green Peas Watermelon Cubes Cornbread</p>	<p>11 Chicken Nuggets Barbecue Sauce Homemade Potato Wedges Roasted Corn Mandarin Oranges</p> <p><small>Yom Kippur Begins</small></p>	<p>12 Chef's Salad Choice of Dressing Oatmeal Raisin Bar Dinner Roll</p>
<p>13 Turkey &amp; Swiss Cheese Sandwich Chilled Beets Chocolate Cookie Sandwich Bread</p>	<p>14 Ham Salad Plate Macaroni Salad Three Bean Salad Fresh Melon Cup Crackers for Salad</p> <p><small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p>15 Grilled Cheese Sandwich Tator Tots Spiced Peaches Sandwich Bread</p>	<p>16 Tuna Noodle Casserole Buttered Carrots Strawberries &amp; Whipped Topping Bread</p> <p><small>Sukkot Begins</small></p>	<p>17 Santa Fe Chicken Chili Lettuce &amp; Tomato Salad Choice of Dressing Chilled Pears Cornbread</p>	<p>18 BBQ Rib Po' Boy Coleslaw Powdered Sugar Brownie Submarine Roll</p>	<p>19 Philly Joe Sandwich Crispy French Fries Frosted Yellow Cake Hamburger Bun</p>
<p>20 Cheese Pizza Lettuce &amp; Tomato Salad Choice of Dressing Fruit Mix Parmesan Bread</p>	<p>21 Homemade Meatloaf Mashed Potatoes Brown Gravy Green Beans Frosted Chocolate Cake Bread</p>	<p>22 Orange Ginger Chicken Steamed Rice Seasoned Broccoli Chilled Pears</p>	<p>23 Beef Stroganoff Buttered Noodles Buttered Lima Beans Chocolate Chip Cookie Bread</p>	<p>24 Bratwurst Sausage Homemade Potato Wedges Sauerkraut Sugar Cookie Hot Dog Bun</p> <p><small>Simchat Torah Begins</small></p>	<p>25 Hamburger w/ Lettuce &amp; Tomato Cheesy Hash Brown Casserole Green Peas Applesauce</p>	<p>26 Chicken Parmesan Sandwich Crispy French Fries Mandarin Oranges Hamburger Bun</p>
<p>27 Ham Salad Sandwich Lettuce &amp; Tomato Herbed Vinegar Potato Salad Fruit Mix Sandwich Bread</p>	<p>28 Baked Macaroni &amp; Cheese Seasoned Mixed Vegetables Apple Crisp Garlic Texas Toast</p>	<p>29 Lemon Pepper Fish Tartar Sauce Herbed Rice Parslied Carrots Fruited Gelatin with Pears</p>	<p>30 Tasty Meatsauce Spaghetti Noodles Italian Blend Vegetables Mandarin Oranges Parmesan Bread</p>	<p>31 Chicken Fajita Casserole Spanish Rice Roasted Corn Chilled Peaches</p> <p><small>Halloween</small></p>	<p>Asbury Towers Retirement Community 102 W. Poplar St., Greencastle, IN 46135 Kitchen Direct Line: 765-630-8809</p> 	

Menu Subject to Change due to availability of items. Menus are available online at [www.AsburyTowers.com](http://www.AsburyTowers.com).