

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Pork Burritos Spanish Rice Roasted Corn Fresh Melon Cubes	2 Pierogi Casserole Buttered Cabbage Parslied Carrots Rice Krispie Bar	3 Maple Glazed Baked Ham Au Gratin Potatoes Spinach Summer Fruit Cup	4 Hamburger or Grilled Hot Dog Coleslaw Baked Beans Watermelon Cubes Potato Chips	5 Pollock Montreal Rice Pilaf Roasted Broccoli Powdered Sugar Brownie	6 Pork Cutlet with Mushroom Gravy Buttered Noodles Green Beans Peach Crisp	
	Canada Day 7 Baked Chicken Cheesy Rice Seasoned Zucchini Strawberries & Whipped Topping Bread	8 Homemade Chili Lettuce and Tomato Salad Choice of Dressing Watermelon Cubes Cornbread	9 Turkey Burger Patty Melt Tator Tots Ketchup Pineapple Tidbits	10 Garlic Herb Pork Roast Au Gratin Potatoes Spinach with Onions Frosted White Cake	11 Salisbury Steak with Gravy Mashed Potatoes Brown Gravy Seasoned Broccoli Iced Lemon Sugar Cookie	12 Oven Herb Roasted Turkey Poultry Gravy Bread Dressing Roasted Cauliflower Applesauce Cake	13 Italian Sausage Rotini Pasta and Sauce Lemon Garlic Green Beans Chilled Pears Garlic Texas Toast
14 Baked Ham Candied Whipped Sweet Potatoes Buttered Lima Beans Banana Cake with Cream Cheese Frosting Bread	15 Beef Cubed Steak with Mushroom Gravy Mashed Potatoes Brown Gravy Green Peas Fresh Melon Cup Bread	16 Tender Pork Roast Brown Gravy Lemon Herb Potatoes Brussels Sprouts Poke Cake	17 Chicken Teriyaki Steamed Rice California Blend Vegetables Chilled Peaches	18 Oven Roasted Turkey Poultry Gravy Bread Dressing Squash Medley Pineapple Tidbits	19 Breaded Fish Sandwich with Cheese Garnish: Lettuce & Tomato Green Beans Frosted Yellow Cake Tarter Sauce	20 Diced Pork in Gravy Rice Pilaf Buttered Carrots Peach Crisp	
21 BBQ Beef Mashed Potatoes Brown Gravy Seasoned Broccoli Frosted Spice Cake	22 Golden Brown Oven Fried Chicken Fried Potatoes with Onions Green Peas Sugar Cookie Bar Biscuit	23 Italian Parmesan Breaded Pork Cutlet Herbed Rice Seasoned Zucchini Applesauce	24 Oven Roasted Turkey Poultry Gravy Bread Dressing California Blend Vegetables Mandarin Oranges	25 Beef Tips in Gravy Steamed Rice Green Beans Peach Shortcake	26 Crunchy Fish Fillet Tartar Sauce Cheesy Potato Casserole Brussels Sprouts Fruited Gelatin Garlic Texas Toast	27 Chicken Caprese Herbed Rotini Italian Blend Vegetables Watermelon Cubes	
28 Slow Roasted Pot Roast Cauliflower Mash Green Peas Lemon Cheese Bar Bread	29 Pork Burritos Spanish Rice Roasted Corn Fresh Melon Cubes	30 Pierogi Casserole Buttered Cabbage Parslied Carrots Rice Krispie Bar	31 Maple Glazed Baked Ham Au Gratin Potatoes Spinach Summer Fruit Cup				

July Lunch 2024