

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Asbury Towers Retirement Community

August 2024

Lunch

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| <p>Asbury Towers Retirement Community</p> <p>August 2024</p> <p>Lunch</p> | | | | <p>1</p> <p>Hamburger or Grilled Hog Dog Coleslaw Baked Beans Watermelon Cubs Potato Chips</p> | <p>2</p> <p>Pollock Montreal Rice Pilaf Roasted Broccoli Powdered Sugar Brownie</p> | <p>3</p> <p>Pork Cutlet with Mushroom Gravy Buttered Noodles Green Beans Peach Crisp</p> |
| | | | | <p>4</p> <p>Baked Chicken Cheesy Rice Seasoned Zucchini Strawberries & Whipped Topping Bread</p> | <p>5</p> <p>Homemade Chili Salad w/ Dressing Watermelon Cubs Cornbread with Margarine</p> | <p>6</p> <p>Turkey Burger Patty Melt Tator Tots Pineapple Tidbits Sandwich Bread</p> |
| <p>11</p> <p>Baked Ham Sweet Potatoes Buttered Lima Beans Banana Cake with Cream Frosting</p> | <p>12</p> <p>Beef Cubed Steak Mushroom Gravy Mashed Potatoes Brown Gravy Green Peas Melon Cup</p> | <p>13</p> <p>Tender Pork Roast Brown Gravy Herb Potatoes Brussels Sprouts Poke Cake</p> | <p>14</p> <p>Chicken Teriyaki Steamed Rice California Blend Chilled Peaches</p> | <p>15</p> <p>Roasted Turkey Poultry Gravy Bread Dressing Squash Medley Pineapple Tidbits</p> | <p>16</p> <p>Fish Sandwich with Cheese Green Beans Frosted Yellow Cake</p> | <p>17</p> <p>Diced Pork in Gravy Rice Pilaf Buttered Carrots Peach Crisp</p> |
| <p>18</p> <p>BBQ Beef Mashed Potatoes Brown Gravy Seasoned Broccoli Frosted Spice Cake</p> | <p>19</p> <p>Oven Fried Chicken Fried Potatoes with Onions Green Peas Sugar Cookie Bar Biscuit</p> | <p>20</p> <p>Breaded Pork Cutlet Herbed Rice Zucchini Applesauce</p> | <p>21</p> <p>Roasted Turkey Poultry Gravy Bread Dressing California Blend Mandarin Oranges</p> | <p>22</p> <p>Beef Tips in Gravy Steamed Rice Green Beans Peach Shortcake</p> | <p>23</p> <p>Crunchy Fish Fillet Potato Casserole Brussels Sprouts Fruited Gelatin</p> | <p>24</p> <p>Chicken Caprese Herbed Rotini Italian Vegetables Watermelon cubes</p> |
| <p>25</p> <p>Slow Roasted Pot Roast Cauliflower Mash Green Peas Lemon Cheese Bar</p> | <p>26</p> <p>Pork Burritos Spanish Rice Roasted Corn Fresh Melon Cubes</p> | <p>27</p> <p>Pierogi Casserole Buttered Cabbage Parslied Carrots Rice Krispie Bar</p> | <p>28</p> <p>Maple Glazed Baked Ham Au Gratin Potatoes Spinach Summer Fruit Cup</p> | <p>29</p> <p>Hamburger or Grilled Hog Dog Coleslaw Baked Beans Watermelon Cubs Potato Chips</p> | <p>30</p> <p>Pollock Montreal Rice Pilaf Roasted Broccoli Powdered Sugar Brownie</p> | <p>31</p> <p>Pork Cutlet with Mushroom Gravy Buttered Noodles Green Beans Peach Crisp</p> |

Menu Subject to Change due to availability of items. Menus available online at www.AsburyTowers.com. Contact the kitchen at Extension 109.